

Reimbursement of Private Dietetic fees from Health Insurance Companies



| Plan | Benefit amount / Re-imburement | Maximum combined visits to complementary practitioners | Annual excess € (per member) |
|--------------------------------------|---------------------------------------|---|-------------------------------------|
| First/ Family Plan Level 1 | €25 per visit | 7 per year | €25 |
| Forward Plan Level 1 | €25 per visit | 7 per year | €25 |
| First/ Family Plan Plus Level 1 | €25 per visit | 7 per year | €25 |
| One Plan Extra | €13 per visit | 12 per year | €300 |
| One Plan Complete | €20 per visit | 12 per year | €250 |
| One Plan Access | €13 per visit | 12 per year | €300 |
| One Plan Access Plus | €20 per visit | 12 per year | €250 |
| Parents & Kids Plan | €13 per visit | 12 per year | €300 |
| Parents & Kids Option Plan | €20 per visit | 12 per year | €250 |
| Parents & Kids Excess Plan | €13 per visit | 12 per year | €300 |
| HealthPlus Access | €13 per visit | 12 per year | €300 |
| HealthPlus Extra | €20 per visit | 12 per year | €250 |
| HealthPlus Excess | €13 per visit | 12 per year | €300 |
| HealthPlus Choice/ Premium/ Platinum | €20 per visit | 12 per year | €200 |
| Company Plan Starter | €25 per visit | 4 per year | €25 |
| Company Plan Plus Level 1 | €25 per visit | 7 per year | €1 |
| Company Plan Plus Level 2 | €40 per visit | 12 per year | €1 |
| Company Plan Extra Level 1 | €35 per visit | 7 per year | €1 |
| Health Steps Silver | €25 per visit | 7 per year | €1 |
| Health Steps Gold | €35 per visit | 7 per year | €1 |
| PMI 04 11 | €80 per visit | 10 per year | €1 |
| PMI 05 11 | €40 per visit | 12 per year | €1 |
| PMI 08 11 | €25 per visit | 7 per year | €1 |
| PMI 10 11 | €25 per visit | 7 per year | €30 |

Further details of other plans available at <https://www.vhi.ie/> or phone 1890 444 444



| Plan | Benefit amount / Re-imburement | Maximum combined visits | Excess € (per member) |
|-----------------------------------|--------------------------------|-------------------------|------------------------------------|
| Total Health | Up to €20 per visit | 5 per year | None |
| Total Health Choice/Complete/Plus | 50% | 5 per year | €1 |
| Total Health Select | 50-75% | 5 per year | €1 |
| Health Sense Suite | Up to €20 per visit | 5 per year | €220 (individual) €440 (family) |
| Simple Health Suite | 50% | 5 per year | €1 |
| Connect Care Suite | 50% | 5 per year | €1 |
| Company Health | Up to €20 per visit | 5 per year | €250 (individual) €470 (family) |
| Company Health Plus | Up to €20 per visit | 5 per year | €220 (individual) €440 (family) |
| Company Care Starter/Choice/ Plus | 50% | 5 per year | €1 |
| Control 150/300/450/600 Create | Up to €30 per visit | 5 per year | €1 |
| Control 150/300/450/600 Secure | Up to €40 per visit | 5 per year | €1 |
| Control 150/300/450/600 Total | Up to €15 per visit | 5 per year | €1 |
| Empower 150 Create | Up to €30 per visit | 5 per year | €1 |
| Empower 150 Secure | Up to €40 per visit | 5 per year | €1 |
| Precision 150/300/450/600 Create | Up to €30 per visit | 5 per year | €1 |
| Precision 150/300/450/600 Total | Up to €15 per visit | 5 per year | €1 |

Family = "a member with dependents"

Further details of other plans available at <https://www.layahealthcare.ie/> or phone 021 202 2000



| Plan | Re-imburement | Maximum combined visits | Excess € (per member) |
|--|---------------------|-----------------------------|-----------------------|
| Day to Day 50 Plan | Up to €25 per visit | 8 per year | None |
| Day to Day A Plan | €30 per visit | 3 per year | None |
| Day to Day Me Plan | €30 per visit | 3 per year | None |
| Level 2 Hospital Nurses & Teachers with Day to Day | €30 per visit | 4 per year | €1 |
| Level 2 Hospital with Day to Day | €30 per visit | 4 per year | €1 |
| Select with Day to Day pack | €25 per visit | 4 per year | €1 |
| Select with Day to Day and Emergency packs | €25 per visit | 4 per year | €1 |
| Select More with Day 2 Day pack | €25 per visit | 4 per year | €1 |
| Select More with Day to Day & Emergency packs | €25 per visit | 4 per year | €1 |
| Select Plus with Day to Day pack | €25 per visit | 4 per year | €1 |
| Select Plus with Day 2 Day & Emergency packs | €25 per visit | 4 per year | €1 |
| Health Plan 05 | €25 per visit | 7 per year | €50 |
| Health Plan 06 | €25 per visit | 7 per year | €1 |
| Health Plan 07 | Up to €30 per visit | 24 combined visits per year | €50 |
| Health Plan 09 | €40 per visit | 8 per year | €1 |
| Level 2 Family Health with day –to-day | €30 per visit | 4 per year | €1 |
| Level 2 Complete Health | €20 per visit | 12 per year | €250 |
| Business Plan Select | €25 per visit | 7 per year | €1 |
| Business Plan Extra | Up to €30 per visit | 24 combined visits per year | €1 |
| Business Plan Executive | €40 per visit | 12 per year | €1 |

Further details of other plans available at <https://www.avivahealth.ie/> or phone 1890 717 444



GloHealth insurance policies allow for out-patient visits to Nutritionists as part of their add-on complimentary health packages. I can confirm that they have the same controls in place as VHI, Aviva & Laya healthcare, and only GloHealth members who attend qualified state registered dietitians/nutritionists (who are members of the Irish Nutrition & Dietetic Institute) can submit receipts for claims.

| Plan | Re-imburement | Maximum visits | Excess € |
|--|----------------------|-----------------------|-----------------|
| Net Plan with Complementary Therapy package | €25 per visit | 2 visits per year | None |
| Core Plan with Complementary Therapy package | €25 per visit | 2 visits per year | None |
| Premium Plan with Complementary Therapy package | €25 per visit | 2 visits per year | None |
| Core Plan with Family & Kid's package | €25 per visit | 2 visits per year | None |
| Premium Plan with Family & Kid's package | €25 per visit | 2 visits per year | None |
| Core Plan with Women & Men's Health | €25 per visit | 2 visits per year | None |
| Premium Plan with Women & Men's Health | €25 per visit | 2 visits per year | None |
| Core Plan with Complementary Therapy package and Women & Men's Health | €25 per visit | 4 visits per year | None |
| Premium Plan with Complementary Therapy package and Women & Men's Health | €25 per visit | 4 visits per year | None |

GloHealth offer many combinations on their plans, above are examples of the combinations available.

Further details on <https://www.glohealth.ie/> or phone 1890 781 781

All figures obtained from each health insurers websites and customer care lines on 12th April 2016.